

Dartmouth College

DMS / Graduate Student

Host / Monitor Training

Why H /M Training?

- Encourage safe events
- Maintain fun events
- Informing individuals and organizations on college expectations

Definitions

Impaired: Slowing of mental and physical functioning, beyond initial relaxation.

Sober: Not impaired.

Intoxicated: Condition when such a person has consumed alcohol to the point that he or she is incapable, to a substantial extent, of employing the physical and mental abilities necessary to function.

Role of Host / Monitors

Pre-Event

- Register your event with Student Affairs Coordinator: [Event Registration Form](#)
- Review Graduate Student Event Management Procedures (SEMP)
- **Be aware of fire codes for location of event.**

Before Event

- Clear entrance of obstructions.
- Host / Monitors must be sober while working.
- **Check that non-alcoholic beverages and food items are plentiful.**
- Checked that all kegs are tagged.
- When you're setting up, consider access to exits and furniture arrangements.
- **Make sure that room set-up is appropriate for the event.**
- Ensure fire alarms are operating, fire extinguishers are present, and that fire exits are clear and lit.

During Event

- DO NOT consume alcohol.
- Contact S&S if the health and safety of others appears to be at risk.
- Check ID's - Serve only legal age students
- **Do not admit intoxicated individuals.**
- Do not serve anyone who is intoxicated.
- Remove individuals acting inappropriately.
- **Only one keg may be tapped at a time.**

Dosage

- Check that alcoholic beverages do not exceed the registered quantity.
- Insure that cups will serve 12oz of beer and 5 oz of wine.
- Only one serving of alcohol should be dispensed to one individual at a time.
- Set out alternative beverages and snacks.

Fire Codes

- Track the number of people at the event, so as not to exceed the fire code.
- As a gauge: If you can't walk from one side of a room to the other easily, it's probably too crowded.

Approaching Intoxicated Participants

- Personal and Organizational Safety
- Not escalating a situation
- Stopping dangerous behavior
- Not taking on too much

Broken Record

- Simply repeating what you would like to see happen over and over again.

When to make a "Call for help!"

- **When in doubt...make the call!**
- Is passed out
- Has difficulty/shallow Breathing
- Convulsions
- Skin under fingernails is blue
- Cold clammy skin
- Vomiting
- Combativeness and belligerence

New Hampshire State Law

- Can't sell or give away alcohol to persons under 21 OR someone who is INTOXICATED
- Persons under 21 cannot possess ANY alcoholic beverage or operate a vehicle CONTAINING alcoholic beverages
- Cannot operate a vehicle when influenced by alcohol (.08% alcohol in one's blood, .00% if under 21)

Use your resources!

- Safety and Security
- Dick's House
- Counseling Center
- Health Resources
- Individual Advisors and Sponsoring Groups
- Peers

Keys to Success!

- Communication with other H/M at the event
- Think through decisions.
- Maintain a positive attitude - even when you're engaged in difficult conversations.
- Consistency – The more often you expect certain behaviors now, and hold people accountable to them, the less often you'll have to approach inappropriate behavior in the future.

Conclusion...

A safe and fun environment will keep your organization healthy in the relationship with fellow students, the college, the law.

(9/29/03)