
NEW HAMPSHIRE – DARTMOUTH PSYCHIATRIC RESEARCH CENTER

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◆ VOCATIONAL REHABILITATION ◆

A Working Life for People with Severe Mental Illness

By Deborah R. Becker and Robert E. Drake

2003, New Hampshire-Dartmouth Psychiatric Research Center

240 pg \$40.00

This book can be ordered directly from Oxford University Press online at <http://www.oup-usa.org/psychweb> or by calling 1-800-451-7556.

The history of mental health service delivery has been marked by an emphasis on clients' vulnerability and deficits. As treatment programs have moved out of hospitals and into communities, however, the need to work with clients in developing real-world, practical skills such as job training has never been more important. Versions of this approach traditionally include skills training classes, job clubs, and sheltered employment, but have not been successful in helping people with severe mental illness gain competitive employment. This book describes the theory, empirical support, and practice of the Individual Placement and Support (IPS) approach to supported employment.

IPS is the most widely studied and validated approach to supported employment for the severely mentally ill population. The overall goals of IPS are to assist clients in finding jobs that are consistent with their preferences and skills, and to support their efforts in working. The book provides both the detail that rehabilitation and mental health workers need to understand the state of the art and to implement the model as well as the conceptual and empirical base that students and researchers need to understand the current state of the science.

◆ DUAL DIAGNOSIS ◆

Integrated Treatment for Duals Disorders: A Guide to Effective Practice

By Kim T. Mueser, Douglas L. Noordsy, Robert E. Drake and Lindy Fox

2003, New Hampshire-Dartmouth Psychiatric Research Center

526 pg \$42.00

This book can be ordered directly from Guilford Publications online at <http://www.guilford.com> or by calling 1-800-365-7006.

This comprehensive clinical handbook provides virtually everything needed to plan, deliver, and evaluate effective treatment for persons with substance abuse problems and persistent mental illness. From authors at the forefront of the dual disorders field, the book is grounded in decades of influential research. Presented are clear guidelines for developing integrated treatment programs, performing state-of-the-art assessments, and implementing a wide range of individual, group, and family interventions. Also addressed are residential and other housing services, involuntary interventions, vocational rehabilitation, and psychopharmacology for dual disorders. Throughout, the emphasis is on workable ways to combine psychiatric and substance abuse services into a cohesive, unitary system of care. Designed in a convenient 8 1/2" x 11" format, the volume contains all needed assessment forms, treatment planning materials, and client handouts, most of which include permission to photocopy.

Substance Abuse Treatment for People with Severe Mental Disorders: A Program Manager's Guide

By Carolyn Mercer-McFadden, Robert E. Drake, Robin E. Clark, Nicholas Verven, Douglas L. Noordsy, and Thomas S. Fox

1998, *New Hampshire-Dartmouth Psychiatric Research Center*

Order #1 252 pg \$29.95

This volume provides guidance to leaders of mental health, substance-abuse treatment, and behavioral health systems. Guidelines are detailed for planning and managing dual disorders programs. Included are a 33-page Executive Summary and a 219-page detailed text with exhibits and appendices. Prepared for the Community Support Program.

1. Review of the Literature • Prevalence, Correlates, and Etiology • Service Barriers • Research Assessment and Treatment Techniques • **2. Treatment Principles** • Ten Principles for Designing Programs • Administrative and Management Implications • **3. Organizing Dual Disorders Services** • Comprehensive, Integrated Dual Disorders Programs • Organizational Designs • Starting Points • **4. Leadership and Implementation** • Managed Care Issues • Leadership Requirements • Integrating Substance Abuse Treatment and Mental Health Programs at State and Local Levels • Safeguards • **5. Cost and Financing Issues** • Costs to Society of Dual Disorders • Treatment Costs for Dual Disorders • Key Issues In Financial Planning and Administration • **6. Clinical Controversies and Challenges** • Dealing with Difficult Clinical and Administrative Challenges • Violent Behavior • Involuntary Interventions • Drug and Alcohol Testing • Medication Issues • Abstinence and AA • Therapeutic Boundaries • Consumers As Clinical Partners

Readings in Dual Diagnosis

Edited by Robert E. Drake, Carolyn Mercer-McFadden, Gregory J. McHugo, Kim T. Mueser, Stanley D. Rosenberg, Robin E. Clark, and Mary F. Brunette

1998, *International Association of Psychosocial Rehabilitation Services*

Order #2 452 pg \$50.00

This volume brings together reprints of seminal works and recent research findings pertaining to dual disorders of severe mental disorders and co-occurring substance use disorder. Included are 33 articles published since 1984. Articles are organized into six sections, each preceded by a thoughtful introduction by the PRC's senior researchers.

1. Overview • Consumer Autobiography • Correlates of Dual Disorders • Social and Clinical Context • *Articles by Robert E. Drake, Virginia Green, Kim T. Mueser, & colleagues* • **2. Etiology** • *Articles by Helen Bergman, Carol L.M. Caton, Lisa Dixon, Robert E. Drake, Kim T. Mueser, Douglas L. Noordsy, & colleagues* • **3. Assessment** • Methods of Detection, Evaluation, and Diagnosis • *Articles by Kate B. Carey, Robert E. Drake, Anthony F. Lehman, Gregory J. McHugo, Andrew M. Stone, & colleagues* • **4. Clinical Issues** • Sensitive Issues and Social Ramifications (e.g., Violent Behavior, HIV) • Treatment Challenges (e.g., Medication Noncompliance) • *Articles by Michael P. Carey, Tandy L. Chouljian, Brian J. Cuffel, Robert E. Drake, Don H. Linszen, Fred C. Osher, Richard R. Owen, & colleagues* • **5. Treatment** • Principles • Techniques • *Articles by Kate B. Carey, The Center for Substance Abuse Treatment, Robert E. Drake, Kenneth Minkoff, Kim T. Mueser, Douglas L. Noordsy, Fred C. Osher, & colleagues* • **6. Special Issues** • Women's Special Needs • Families' Roles in Treatment • Service Barriers • Costs • Coercive Treatment • *Articles by Mary Jane Alexander, Robin E. Clark, Ronald Diamond, Barbara Dickey, Susan M. Ridgely, Sally Satel, & colleagues*

Toolkit: Evaluating Substance Abuse in Persons with Severe Mental Illness

By Kim T. Mueser, Robert E. Drake, Robin E. Clark, Gregory J. McHugo, Carolyn Mercer-McFadden, and Theiman H. Ackerson

1995, *the Evaluation Center@HSRI*

Order #4 54 pg \$16.00

This toolkit is one in a series of such kits commissioned by the Evaluation Center @HSRI. The toolkits are designed to provide evaluators with complete descriptions of methodologies and instruments for use in evaluating specific topics. This particular toolkit is recommended to all potential users of the PRC's clinician rating scales, including the Alcohol Use Scale (AUS), the Drug Use Scale (DUS), and the Substance Abuse Treatment Scale (SATS). It provides detailed information on each scale and describes the kind of training that should precede its use, including vignettes for practice ratings. The Drug/Alcohol Follow-Back Calendar is also presented, as is a discussion concerning the valid assessment of drug and alcohol use, particularly in persons with severe mental illness. The toolkit comes with a DOS-compatible disk so materials can be downloaded and adapted for local use.

Dual Diagnosis of Major Mental Illness and Substance Abuse: New Directions for Mental Health Services. Volume 2: Recent Research and Clinical Implications

Edited by Robert E. Drake and Kim T. Mueser

1996, *Jossey-Bass Publishers, Inc.*

Order #5 120 pg \$19.00

The chapters in this volume are intended to make current research findings available to all stakeholders in the system of care for people with dual disorders. Our goal is not just to summarize research on dual disorders but also to elucidate the clinical and services implications of the available research. Thus, this volume is intended to help planners, administrators, clinicians, other providers, families, and consumers who are in the process of advocating for developing, implementing, and participating in effective programs.

◆ **FAMILY TREATMENT** ◆

Behavioral Family Therapy for Psychiatric Disorders, Second Edition

By Kim T. Mueser and Shirley M. Glynn

1999, *New Harbinger Publications, Inc.*

ORDER #6 390 pg \$49.95

This book is a guide for professionals. It provides an overview of the behavioral family therapy model and explains how to engage the family, make an assessment of the family unit, and provide family members with education about the disorder. Detailed procedures are provided for communication skills and problem solving training. Includes a new foreword by Robert P. Liberman, updated handouts on psychiatric disorders, medications, and substance abuse, a new chapter on research on family interventions, and an expanded chapter on dealing with common problems in family therapy such as dual diagnosis, negative symptoms, the effects of trauma on severe mental illness, violence, cognitive impairment, persistent psychosis, sexuality, and helping caregivers manage high levels of distress.

◆ **SCHIZOPHRENIA** ◆

Social Skills Training for Schizophrenia: A Step-by-Step Guide

By Alan S. Bellack, Kim T. Mueser, Susan Gingerich, and Julie Agresta

1997, *Guilford Publications, Inc.*

Order #7 288 pg \$35.00

Designed to facilitate group work in a range of settings, this book presents an empirically tested format and ready-made curricula for teaching essential social skills to schizophrenia clients. Part I provides a detailed overview of social skills training principles and methods. Chapters take readers step-by-step

through assessing existing skills, introducing new skills, and maintaining and consolidating gains. Troubleshooting tips are included for managing common problems with highly symptomatic, highly functioning, and other clients, and the authors show how techniques can be tailored to meet clients' individual needs. Part II comprises 48 clearly written and up-to-date skill sheets. Each skill sheet – essentially a complete lesson plan in itself – explains the rationale for the specific skill at hand, breaks the skill down into three or four smaller steps, suggests role-play scenarios, and alerts clinicians to special considerations. Appendices include concise guide- lines for orienting group leaders and members and conducting group sessions effectively, as well as sample assessment forms and other useful materials.

Handbook of Social Functioning in Schizophrenia

Edited by Kim T. Mueser and Nicholas Tarrier

1998, Allyn and Bacon

Order #8 512 pg \$75.00

This book reviews the scholarly and clinical literature and summarizes the clinical advances in a broad range of areas related to the assessment, development, psychological aspects and treatment of impaired social functioning. Readers will survey the full range of explorations into the nature and role of social functioning in schizophrenia. The multi-faceted approach touches on topics as wide-ranging as phenomenology, long-term outcome, stigmatization of people with schizophrenia, gender differences, cognitive factors, social networks, vocational rehabilitation, quality of life, and various treatment approaches. Throughout the book, the contributors indicate where there is some consensus among investigators, and where, despite a considerable body of research, a significant amount of work remains to be done. Closing remarks in each area summarize the implications of the information presented and in many cases suggest ethical and policy issues to be considered, as well as future directions for research.

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