

Drug/Alcohol 6-Month Follow-Back Calendar

I.D. No. _____ Date ____/____/____

Instructions to Interviewer:

The TLFBC provides a summary of the client's use of substances over the past six months. Probe for patterns of alcohol and drug use, starting with the past 30 days. Work backwards, month by month, and emphasize days of abstinence within each month. Start with the past six months of alcohol use, and then do the past six months of drug use. It is not critical that the client recall the precise amount of substances used over the past six months; focus on getting an estimate of how much was used and the pattern of use over the time period.

Alcohol	Current month 1 # days in_____	2	3	4	5	6
Kind						
How Much (per day)						
How Often (How many days/month)						
Total days per month Alcohol used						
Drugs						
Kind (Include abused meds)						
How Much (per day)						
How Often (How many days/month)						
Total days per month Drugs used						