

Dartmouth Assessment of Lifestyle Inventory
DALI

Now I'd like to ask you some questions about various aspects of your life, especially habits and choices that may affect your health. Please try to bear with me and answer each question.

I am going to read the questions exactly as they are worded so that each person is asked the same thing. In some cases, you'll answer yes or no, in other cases you'll give me a number. It is very important that your answers be accurate and complete. Please take your time. Feel free to ask me questions if you are not sure what is being asked.

		Values				Alcohol DALI		Drug DALI						
		Yes	No	Refused	Not Applicable	Don't Know	Missing	x	Wt	Score	x	Wt	Score	
1	Do you wear seatbelts while riding in the car?													
		0	1	.41	.41	.41	.41	x(+1)=		<input type="text"/>				
		(Yes=0) (No=1) (Ref/DK/Miss=.41)												
2	How many cigarettes do you smoke each day?													
	(Not Scored)													
3	Have you tried to stop smoking cigarettes?													
	(Not Scored)													
4	Do you control your diet for total calories (amount you eat)?													
	(Not Scored)													
5	How much would you say you spent during the past 6 months on alcohol?													
								x(+1)=		<input type="text"/>	x(-1)=		<input type="text"/>	
		(\$0-\$49/NA=0) (>\$49/Ref/DK=1) (Missing=.26)												
		Dollars <49=0, >49=1	Refused 1	Not Applicable 0	Don't Know 1	Missing .26								
6	How many drinks can you hold without passing out? [Interviewer Note: If patient does not know, ask "How many do you think it would take?"]													
								x(+1)=		<input type="text"/>				
		(0/NA=0) (1-5=1, >5=2) (Ref/DK/Miss=1.61)												
		Number 1-5=1, >5=2	Refused 1.61	Not Applicable 0	Don't Know 1.61	Missing 1.61								
								Totals from page 1		Alcohol	<input type="text"/>	Drug	<input type="text"/>	

		Values	x	Alcohol DALI Wt	Score	x	Drug DALI Wt	Score
7	Have close friends or relatives worried or complained about your drinking in the past six months?	(Yes=0) (No/NA=1) (Ref/DK/Miss=.78)		x(-1)=	<input type="text"/>			
	Yes No Refused Not Applicable Don't Know Missing	0 1 .78 1 .78 .78						
8	Have you ever attended a meeting of Alcoholics Anonymous (AA) because of your drinking?	(Yes=0) (No/NA=1) (Ref/DK/Miss=.53)		x(-1)=	<input type="text"/>			
	Yes No Refused Not Applicable Don't Know Missing	0 1 .53 1 .53 .53						
9	Do you sometimes take a drink in the morning when you first get up? (If asks: Alcohol)	(Yes=0) (No/NA=1) (Ref/DK/Miss=.83)		x(-1)=	<input type="text"/>			
	Yes No Refused Not Applicable Don't Know Missing	0 1 .83 1 .83 .83						
10	How long was your last period of voluntary abstinence from alcohol? (or "most recent period when you chose not to drink.") [Interviewer Note: 2 weeks or more equals a month. Exclude periods of incarceration or hospitalization.]	(?60 months/NA=0) (0-59 months=1) (Ref/DK/Miss=.76)		x(+1)=	<input type="text"/>			
	Months ____ Refused Not Applicable Don't Know Missing	0-59=1, ?60=0 .76 0 .76 .76						
11	How many months ago did this abstinence end for alcohol? (or "when did you start drinking again?")	(0 months/NA=0) (>0 months=1) (Ref/DK/Miss=.40)		x(+1)=	<input type="text"/>			
	Months ____ Refused Not Applicable Don't Know Missing	0=0, >0=1 .40 0 .40 .40						
12	Have you used marijuana in the past 6 months?	(Yes=0) (No/NA=1) (Ref/DK/Miss=.70)		x(-1)=	<input type="text"/>		x(-1)=	<input type="text"/>
	Yes No Refused Not Applicable Don't Know Missing	0 1 .70 .70 .70 .70						
				<hr/>				
				<input type="text"/>		Drug		<input type="text"/>
				<input type="text"/>				
				<input type="text"/>				
				<input type="text"/>				

Total scores from this page

Enter total alcohol score from page 1
Add total scores from pages 1 and 2

						Alcohol DALI	Drug DALI
						x Wt Score	x Wt Score
13	Have you lost a job because of marijuana use?	(Yes=0) (No/NA=1) (Ref/DK/Miss=.93)					x(-1)= <input type="text"/>
	Yes No Refused Not Applicable Don't Know Missing						
	0 1 .93 1 .93 .93						
14	How much would you say you spent in the past 6 months on marijuana?	(\$0/NA=0) (>\$0/Ref/DK=1) (Missing=.18)					x(+1)= <input type="text"/>
	Dollars ____ Refused Not Applicable Don't Know Missing						
	0=0, >0=1 1 0 1 .18						
15	How troubled or bothered have you been in the past 6 months by marijuana problems?	(1/NA=0) (2-5/Ref/DK=1) (Missing=.19)					x(+1)= <input type="text"/>
	Not at All Slightly Moderately Considerably Extremely						
	1 2 3 4 5						
	Refused Not Applicable Don't Know Missing						
	1 0 1 .19						
16	Has cocaine abuse created problems between you and your spouse or your parents?	(Yes=0) (No/NA=1) (Ref/DK/Miss=.82)					x(-1)= <input type="text"/>
	Yes No Refused Not Applicable Don't Know Missing						
	0 1 .82 1 .82 .82						
17	How long was your last period of voluntary abstinence from cocaine? (or "most recent period when you chose not to use") [Interviewer Note: 2 weeks or more equals a month. Exclude periods of incarceration or hospitalization.]	(?60 months/NA=0) (0-59 months=1) (Ref/DK/Miss=.19)					x(+1)= <input type="text"/>
	Months ____ Refused Not Applicable Don't Know Missing						
	0-59=1, ?60=0 .19 0 .19 .19						
18	Do you ever use cocaine when you're in a bad mood?	(Yes=0) (No/NA=1) (Ref/DK/Miss=0)					x(+1)= <input type="text"/>
	Yes No Refused Not Applicable Don't Know Missing						
	0 1 0 1 0 0						
	Total scores from this page						Drug <input type="text"/>
	Enter total drug score from page 1						Drug <input type="text"/>
	Enter total drug score from page 2						Drug <input type="text"/>
	Add total scores from pages 1, 2 and 3						Drug <input type="text"/>