# **CURRICULUM VITAE**

Date prepared: November 25, 2020

NAME: Christine T. Finn, MD

ADDRESS: OFFICE

1 Medical Center Drive, Lebanon, NH 03756

# I. EDUCATION

<b>DATES</b>	INSTITUTION	DEGREE
1991	St. Edmund Hall, Oxford University	
1993	Dartmouth College	B.A.
1997	Albert Einstein College of Medicine	M.D.

# **II. POSTDOCTORAL TRAINING**

<u>DATES</u>	<u>SPECIALTY</u>	INSTITUTION
6/97-7/98	Psychiatry-Intern	Massachusetts General Hospital and McLean Hospital
7/98-6/01	Psychiatry-Resident	Massachusetts General Hospital and McLean Hospital
7/00-6/01	Psychiatry-Chief Resident	Acute Psychiatry Service, Massachusetts General Hospital
7/01-6/04	Medical Genetics-Fellow	Harvard-Partners Genetics Training Program
1/04-8/05	Psychiatric Genetics	Harvard School of Public Health
	Research Fellow	

# **III. ACADEMIC APPOINTMENTS**

DATES	ACADEMIC TITLE	<u>INSTITUTION</u>
1997-2001	Clinical Fellow in Psychiatry	Harvard Medical School
2001-2004	Clinical Fellow in Medicine	Harvard Medical School
2004-2008	Instructor in Psychiatry	Harvard Medical School
2008	Assistant Professor	Harvard Medical School
1/2009-	Assistant Professor	Geisel School of Medicine at Dartmouth
2016	Clinical Adjunct Faculty	Drexel University
2016-	Preceptor MS Degree Program	Rivier University
11/2020	Associate Professor	Geisel School of Medicine at Dartmouth

# IV. INSTITUTIONAL LEADERSHIP ROLES:

DATE	POSITION TITLE	INSTITUTION/ORGANIZATION
2005-2006	Associate Director	Massachusetts General Hospital
	Acute Psychiatry Service	Department of Psychiatry
2006-2007	Interim Director	Massachusetts General Hospital
	Acute Psychiatry Service	Department of Psychiatry
2007-2008	Director	Massachusetts General Hospital
	Acute Psychiatry Service	Department of Psychiatry
1/2009-	Director	Dartmouth Hitchcock Medical Center
	Crises and Consultation Service	Department of Psychiatry

8/2010-	Director of Residency Training	Dartmouth Hitchcock Medical Center
2020		Department of Psychiatry
2014-2020	Vice Chair for Education	Dartmouth Hitchcock Medical Center
		Department of Psychiatry
9/2018-	Medical Director for Psychiatry	Dartmouth Hitchcock Medical Center
11/2020-	Vice Chair for Medical Services	Dartmouth Hitchcock Medical Center
		Department of Psychiatry
11/2020-	Assistant Director of Residency Training	Dartmouth Hitchcock Medical Center
		Department of Psychiatry

# V. LICENSURE AND CERTIFICATION (IF APPLICABLE):

<u>DATES</u>	LICENSURE/CERTIFICATION
1997-2013	Massachusetts Medical License
2002-	Board certification, American Board of Psychiatry and Neurology
2005-2015	Board Certification, American Board of Medical Genetics
2008-	New Hampshire Medical License
2009-	Board certification, American Board of Psychiatry and Neurology, Psychosomatic Medicine
2020-	Vermont Medical License

# VI. HOSPITAL OR HEATH SYSTEM APPOINTMENTS (IF APPLICABLE):

DATE	HOSPITAL TITLE	INSTITUTION
07/01-06/04	Clinical Fellow in Medicine	Children's Hospital, Boston
07/01-06/04	Clinical Fellow in Medicine	Brigham and Women's Hospital
07/01-06/04	Clinical Fellow in Pediatrics	Massachusetts General Hospital
07/01-06/04	Clinical Associate in Psychiatry	Massachusetts General Hospital
07/04-11/08	Assistant in Medicine	Children's Hospital (Boston)
07/04-11/08	Assistant Clinical Geneticist	Harvard Partners Center for Genetics and Genomics
07/04-06/05	Associate Physician in Medicine	Brigham and Women's Hospital
07/04-03/06	Clinical Associate in Pediatrics	Massachusetts General Hospital
07/04-03/06	Assistant in Psychiatry	Massachusetts General Hospital
03/06-11/08	Clinical Affiliate, Pediatrics	Massachusetts General Hospital
07/06-11/08	Assistant Psychiatrist	Massachusetts General Hospital
1/2009-	Psychiatrist	Dartmouth Hitchcock Medical Center

# VII. OTHER PROFESSIONAL POSITIONS (NON-DARTMOUTH):

<u>DATES</u> <u>INSTITUTION</u> <u>POSITION/TITLE</u>

# **VIII. PROFESSIONAL DEVELOPMENT ACTIVITIES**

<b>DATES</b>	<u>INSTITUTION</u>	<u>TITLE</u>	<b>CREDITS</b>
2007	Massachusetts General Hospital	FEMA Introduction to the Incident	n/a
		Command System	
2007	Massachusetts General Hospital	FEMA National Incident Management	n/a
		System (NIMS)	
2008	Massachusetts General Hospital	MGPO Physician Leadership	n/a
		Development Certificate Program	
2011	Dartmouth Hitchcock Medical Center	Buprenorphine Waiver Training	8 hours

2019 Dartmouth Hitchcock Medical Center Yellowbelt Quality Improvement 8 hours
Training

# IX. TEACHING ACTIVITIES:

# A. UNDERGRADUATE (COLLEGE) EDUCATION

# **B. UNDERGRADUATE MEDICAL EDUCATION:**

#### i. CLASSROOM TEACHING:

<u>DATES</u>	<u>INSTITUTION</u>	COURSE TITLE/#STUDENTS	ROLE	HOURS/YR
2012-	Geisel School of	Scientific Basis of Medicine-	Lecturer	2
	Medicine	Assessment of Safety/80		
2017-	Geisel School of Medicine	Advanced Medical Sciences- Psychiatry/50	Lecturer	3

# C. CLERKSHIP OR OTHER CLINICAL UME TEACHING (e.g., ON-DOCTORING)

<b>DATES</b>	<u>INSTITUTION</u>	COURSE TITLE/#STUDENTS	ROLE	HOURS/YR
2009-	Geisel School of	MS3 Clerkship	Lecturer	5
	Medicine	Assessment of Capacity/80		

# D. GRADUATE MEDICAL EDUCATION

DATES	INSTITUTION	COURSE TITLE/#STUDENTS	ROLE	HOURS/YR
2003-	McLean and	Residency Biomedical Curriculum-	Lecturer	3
2008	Massachusetts	Genetics/16		
	General Hospitals			
2004	Massachusetts	Inpatient Unit Teaching Conference	Lecturer	1
	General Hospital	Psychiatric Symptoms in 48, XXYY		
	•	Patients/10		
2004	Massachusetts	Psychiatric Genetics Current	Lecturer	1
	General Hospital	Findings and Clinical Practice/16		
2004-	Massachusetts	Child Psychiatry Fellowship	Lecturer	3
2008	General Hospital	Didactics		
	·	Genetics/8		
2009-	Dartmouth	Psychiatry Residency, PGY-4	Course Leader	3
	Hitchcock Medical	didactics, Psychiatric Genetics/8		
	Center	•		
2009-	Dartmouth	Psychiatry Residency, PGY-4	Course	2
	Hitchcock Medical	didactics, Emergency Psychiatry/8	Leader/Lecturer	
	Center			
2009-	Dartmouth	Psychiatry Residency, PGY-2,	Course	5
	Hitchcock Medical	Consultation Liaison Introductory	Leader/Lecturer	
	Center	Lectures/8		
2009-	Dartmouth	Child and Adolescent Psychiatry	Lecturer	
	Hitchcock Medical	Fellowship, Genetic and Metabolic		
	Center			
	2003- 2008 2004 2004 2004- 2008 2009- 2009-	2003- 2008 McLean and Massachusetts General Hospitals 2004 Massachusetts General Hospital  2004 Massachusetts General Hospital 2004- 2008 General Hospital  2009- Dartmouth Hitchcock Medical Center 2009- Dartmouth Hitchcock Medical	2003- 2008McLean and Massachusetts General HospitalsResidency Biomedical Curriculum- Genetics/162004Massachusetts General HospitalInpatient Unit Teaching Conference Psychiatric Symptoms in 48, XXYY Patients/102004Massachusetts General HospitalPsychiatric Genetics Current Findings and Clinical Practice/162004- 2008Massachusetts General HospitalChild Psychiatry Fellowship2008Dartmouth Hitchcock Medical CenterPsychiatry Residency, PGY-4 didactics, Psychiatric Genetics/82009-Dartmouth Hitchcock Medical CenterPsychiatry Residency, PGY-4 didactics, Emergency Psychiatry/82009-Dartmouth Hitchcock Medical CenterPsychiatry Residency, PGY-2, Consultation Liaison Introductory Lectures/82009-Dartmouth 	2003- 2008McLean and Massachusetts General HospitalsResidency Biomedical Curriculum- Genetics/16Lecturer2004Massachusetts General Hospital General Hospital General HospitalInpatient Unit Teaching Conference Psychiatric Symptoms in 48, XXYY Patients/10Lecturer2004Massachusetts General Hospital General Hospital General Hospital ObjectionPsychiatric Genetics Current Findings and Clinical Practice/16Lecturer2004- 2008Massachusetts General Hospital Hitchcock Medical CenterChild Psychiatry Fellowship Didactics Genetics/8Lecturer2009-Dartmouth Hitchcock Medical CenterPsychiatry Residency, PGY-4 didactics, Emergency Psychiatry/8 CenterCourse Leader/Lecturer2009-Dartmouth Hitchcock Medical CenterPsychiatry Residency, PGY-2, Course Lectures/8Course Leader/Lecturer2009-Dartmouth Hitchcock Medical CenterConsultation Liaison Introductory Lectures/8Leader/Lecturer2009-Dartmouth CenterChild and Adolescent Psychiatry Fellowship, Genetic and MetabolicLecturer

		Syndromes with Behavioral Manifestations/6		
2011-	Dartmouth Hitchcock Medical	Psychiatry Residency, PGY-4 didactics, Leadership and the	Course Leader/ Lecturer	6
2011-	Center Dartmouth Hitchcock Medical Center	Business of Medicine/8 Psychiatry Residency, PGY-4 didactics, Job and Fellowship Readiness/8	Course Leader/ Lecturer	8
2011-	Dartmouth Hitchcock Medical Center	Internal Medicine Residency, lectures on various Psychiatric Topics/25	Lecturer	3
2011- 2014	Dartmouth Hitchcock Medical	General Internal Medicine Staff, lectures on various Psychiatric	Lecturer	2
2011-	Center Dartmouth Hitchcock Medical Center	Topics/25 Psychiatry Residency, PGY-1 didactics, Psychiatric Interviewing/8	Facilitator	2
2011-	Dartmouth Hitchcock Medical	Psychiatry Residency, PGY-1 didactics, Clinical Skills	Facilitator	2
2012-	Center Dartmouth Hitchcock Medical Center	Assessments/8 Psychiatry Residency, PGY-1 didactics, Assessment of Safety/8	Lecturer	1
2012-	Dartmouth Hitchcock Medical Center	Psychiatry Residency, PGY-1 didactics, Management of Agitation/8	Lecturer	1
2012-	Dartmouth Hitchcock Medical Center	Psychiatry PGY-1 Residents, Introduction to Consultation Psychiatry/8	Lecturer	1
2012-	Dartmouth Hitchcock Medical Center	Neurology Residency, Behavioral Manifestations of Genetic Disorders/18	Lecturer Course Leader	1
2013-	Dartmouth Hitchcock Medical Center	Emergency Medicine Residency, lectures on various topics/20	Lecturer	3
2015-	Dartmouth Hitchcock Medical Center	Psychiatry Residency, PGY-1 didactics, Management of Agitation/8	Simulation Facilitator	2

# **E. OTHER CLINICAL EDUCATION**

DATES	INSTITUTION	<b>COURSE TITLE/#STUDENTS</b>	ROLE	HOURS/YR
2006-2008	Massachusetts	Psychology Training Program	Lecturer	1
	General Hospital	Didactics-Medical Clearance/10		
2015-16	Rivier College	PA program preceptor/1 per year	Preceptor	40
2017-	Dartmouth Hitchcock Medical Center	Psychology Training Programs- Crises Management/8	Lecturer	1.5

# F. GRADUATE EDUCATION

<u>DATES</u>	<u>INSTITUTION</u>	COURSE TITLE/#STUDENTS	<u>ROLE</u>	<u>HOURS/YR</u>
				# STUDENTS

2004-2008		Advanced Human Genetics-	Lecturer	2 hours/yr
2005-2008	Genetics Program  Sarah Lawrence	Psychiatric Genetics/30 Psychiatric Genetics/20	Course	50 students 5 hours/year
		,	Leader	20 students
2006-2008	Brandeis	Psychiatric Genetics/20	Course	5 hours/year
			Leader	20 students

#### G. OTHER PROFESSIONAL/ACADEMIC PROGRAMS

#### X. PRIMARY RESEARCH ADVISING

#### XI. ADVISING/MENTORING

#### A. UNDERGRADUATE STUDENTS

DATES	STUDENT'S NAME	PROGRAM (e.g., WISP, Presidential Scholar)
2010-		Participation in Nathan Smith Society each term

#### **B. GRADUATE STUDENTS**

DATES STUDENT'S NAME PROGRAM NAME DEGREE

#### C. MEDICAL STUDENTS

<u>DATES</u> <u>STUDENT'S NAME</u> <u>PROGRAM NAME</u> (if applicable)

### D. RESIDENTS/FELLOWS

\*In my position as residency training director I mentor all residents in our residency program. The listed residents below are those with whom I have had additional mentoring relationships with beyond that of usual resident-program director interactions.

<b>DATES</b>	MENTEE'S NAME	SPECIALTY
2015-16	Hera Asfaq, DO	Psychiatry
2016-	Nicole Smith, MD	Psychiatry
2015-	Sarah Slocum, MD	Psychiatry

# E. NON-DEGREE PROGRAM STUDENTS (e.g., certificate programs, post-baccalaureate programs)

#### F. FACULTY

DATES	MENTEE'S NAME	<u>SPECIALTY</u>
2017-	Gillian Sowden, MD	Psychiatry
2019-	Anuja Mehta, MD	Psychiatry, University of Central Florida
		AADPRT Mentoring Program

# **G. OTHERS (DEFINE)**

# XII. ENGAGEMENT, COMMUNITY SERVICE/EDUCATION:

DATES	INSTITUTION	COURSE TITLE	ROLE	HOURS/YR

2013, 2015	Lebanon, NH Police Department	CIT Training	Lecturer	2
2015-2017	Hartford, VT Police Department	CIT Training	Lecturer	2

#### XIII. RESEARCH ACTIVITIES:

#### A. SPONSORED ACTIVITY

Dates	Title/Award	Role	Percent Effort	Sponsor	Annual Direct Costs
2020-	OPAT therapy for Individuals with IV Drug Use	Co-Investigator	10%	Serious Illness Incubator at Dartmouth	N/A
2004-2008	Clinical Genetic and Morphometric Analysis of VCFS/DGS R01 DE 16140-01	etric PI Raju Kucherlapati, PhD	50%	NIH-NIDCR	\$300,000
1999-2001	Genetics and Psychiatry: Survey of psychiatrists' knowledge, opinions and practice patterns regarding genetics.	Research Scholar	N/A	American Psychiatric Institute Research and Education on Severe Mental Illness	N/A

#### **B. PENDING SUPPORT**

#### C. UNFUNDED

#### XIV. PROGRAM DEVELOPMENT

Dates:2009-2010

Title: Development of collaborative care model in primary care settings

Type: Clinical

Aim: Implementation of 3-Component Model in General Internal Medicine and Family

Practice Clinics

Role: Lead of process and Lead Clinician

Cohort: Faculty

Assessments: Number of patients evaluated in this clinic setting

Related information: Successful implementation of the 3-Component model of collaborative care in two primary care clinics. This involved education of faculty, oversight of hiring and supervision of depression care managers, development of tracking tools for symptom monitoring, development and oversight of referral process and origination of the clinician role. This model of care has expanded significantly over the years, such that it is now also replicated in the community primary care practices throughout the Dartmouth Hitchcock system, and has become a major way in which psychiatric care is delivered at Dartmouth.

Dates:2014

Title: Development of Bridge Clinic (Psychiatry)

Type: Clinical

Aim: To develop an intensive outpatient program which would serve the needs of patients stepping down from the inpatient psychiatry unit and also provide a diversion to admission for others by intensifying outpatient care

Role: Director, clinician

Cohort: Faculty. Some education components for psychiatry and psychology trainees also included.

Assessments: Number of patients served, availability of appointments for outpatient referrals from inpatient within 7 days of discharge, patient satisfaction and feedback Related information: The closure of the psychiatry partial program created the need for an intensive outpatient program to serve in a step-down fashion and also a referral option for urgent outpatients.

Dates:2014-present

Title: Development of a behavioral intervention team (BIT)

Type: Clinical

Aim: To develop a proactive psychiatric consultative service on the DHMC medical and

surgical floors.

Role: Director, clinician

Cohort: Associate providers. Educational components for MD, APRN students Assessments: Length of stay, Types of interventions offered, innovative screening methods Related information: The BIT is a proactive psychiatric consultative service comprised of MD, LICSW, APRN and recovery coach team members who along with the primary psychiatry consultative service are typically caring for 10% of the adult population at the hospital. This service was named as a "best practice" during regulatory visits by CMS and JCAHO in 2018.

Dates:2016-17

Title: Protocol for the management of disruptive behaviors in the inpatient setting

Type: Clinical

Aim: Decrease disruptive behaviors by patients in the inpatient setting and provide a

standard, multidisciplinary response when issues arise

Role: Project Lead

Cohort: Multidisciplinary team of RN leaders, RN, security, social work, physicians

Assessments:

Related information: DHMC had experienced a steep rise in staff injuries related to patient disruptive behavior with experiences of physical violence, verbal abuse and moral distress in these circumstances. Further, disruptive patient behavior may interfere with clinical care delivery, lead to longer length of stay, and result in patient dissatisfaction and diminish disposition options for involved patients. This committee focused on disruptive patient behavior related to two major sources: the use of illegal substances and the cognitively impaired patient. Recommendations were made, and adopted for the need for risk assessment through proactive screening, early identification and de-escalation of behaviors when present, and standardized management with adherence to best practices whenever available.

Dates:2017-present

Title: Implementation of substance abuse screening in inpatient medical setting

Type: Clinical

Aim: Early identification of alcohol and substance use disorders in the inpatient medical-

surgical setting. Role: Project lead Cohort: clinical RN's

Assessments: % completion of AUDIT and DAST standardized screening at RN admission

assessment

Related information: Standard assessments completed by the clinical RN on admission allow for early identification of substance and alcohol use, opportunities to treat withdrawal and minimize associated disruptive behaviors. Although not always the reason for hospital admission, addressing these issues through motivational interviewing, stabilization and referral to outpatient treatment is an important part of addressing the health needs of this population.

Dates:2018-2020

Title: Buprenorphine Induction in inpatient setting

Type: Clinical

Aim: Increase number of patients for whom buprenorphine is initiated in the inpatient setting

Role: Project Co-leader

Cohort: physicians, residents, clinical RN's, pharmacy

Assessments: use of order set, monthly number of Suboxone order set

Related information: Developed policy, procedure and order set and job aid to allow

buprenorphine induction in the inpatient setting.

#### XV. ENTREPRENEURIAL ACTIVITIES

List any patents, licenses or other entrepreneurial activities

#### **XVI. MAJOR COMMITTEE ASSIGNMENTS:**

#### National/International:

<b>DATES</b>	ORGANIZATION/COMMITTEE	ROLE	<u>INSTITUTION</u>
2005-2008	National Coalition for Health Professional Education in		American Psychiatric
	Genetics-APA Representative		Association
2012-2018	American Association of Directors of Psychiatric	Chair	
	Residency Training-Psychosomatic Caucus		
2012-	Academy of Psychosomatic Medicine	Member	
	Fellowship Education Committee		
2015-2018	American Association of Directors of Psychiatric	Member	
	Residency Training- Executive Council		
2018-	Academy of Consultation Liaison Psychiatry	Member	
	Business Benchmarking Task Force		
2019-	Academy of Consultation Liaison Psychiatry	Founding	
	Proactive Consultation Special Interest Group	Member	

#### Regional

<b>DATES</b>	ORGANIZATION/COMMITTEE	ROLE	INSTITUTION
2006-2008	Clinical Operations	Member	Boston Emergency Services Team
2011-	Behavioral Health Disaster Support Working Group	Member	Dartmouth Region

#### **Institutional**

DATES	ORGANIZATION/COMMITTEE	ROLE	INSTITUTION
2005-2008	Residency Training Committee	Member	Massachusetts General Hospital
	Department of Psychiatry		·
2006-2008	Quality Assurance Committee	Member	Massachusetts General Hospital
	Department of Emergency Medicine		
2006-2008	Clinical Operations Committee	Member	Massachusetts General Hospital
	Department of Psychiatry		
2006-2008	Residency Selection Committee	Member	Massachusetts General Hospital
	Department of Psychiatry		McLean Hospital
2006-2008	Steering Committee	Member	Massachusetts General Hospital
2006-2008	Clinical Operations Committee	Member	Massachusetts General Hospital
2000 2000	Department of Emergency Medicine	Manahar	Managah yantta Camaral Hanrital
2006-2008	Executive Committee	Member	Massachusetts General Hospital
2007-2008	Department of Emergency Medicine Quality Assurance Committee	Member	Massachusetts General Hospital
2007-2006	Department of Psychiatry	Member	Massachusetts General Hospital
2009-	Education Policy Committee	Chair	Dartmouth Hitchcock Medical Center
2000	Department of Psychiatry	Orian	Dartinoda i inchiocok i incaical Center
2009-	Quality Improvement Committee	Member	Dartmouth Hitchcock Medical Center
	Department of Psychiatry		
2009-	Emergency Department-Psychiatry Work	Member	Dartmouth Hitchcock Medical Center
	Group		
2009-2015	Committee on Student Performance	Member	Geisel School of Medicine at
			Dartmouth
2009-	Psychiatry Residency Selection Committee	Member	Dartmouth Hitchcock Medical Center
2010	Graduate Medical Education Committee	Member	Dartmouth Hitchcock Medical Center
2011-	Chairman's Advisory Committee	Member	Dartmouth Hitchcock Medical Center
	Department of Psychiatry		
2012	Pediatrics/Psychiatry Workgroup for	Member	Dartmouth Hitchcock Medical Center
0040	Placement issues	NA l	Destruction of the base Market Control
2012-	Strategic Planning Committee	Member	Dartmouth Hitchcock Medical Center
2012-14	Department of Psychiatry	Team	Dortmouth Litchagel Madical Contar
2012-14	Management of Patients with Potential for Aggressive or Violent Behavior Project Team	Leader	Dartmouth Hitchcock Medical Center
2014-	Strategic Planning, Graduate Medical	Member	Dartmouth Hitchcock Medical Center
2014-	Education Committee	Member	Daitinouth Filtencock Medical Center
2013-	Clinical Competency Committee	Member	Dartmouth Hitchcock Medical Center
2014-	Program Evaluation Committee	Chair	Dartmouth Hitchcock Medical Center
	Department of Psychiatry		
2014-	Grand Rounds Steering Committee	Co-chair	Dartmouth Hitchcock Medical Center
	Department of Psychiatry		
2015-16	Neurology Special Program Review	Review	Dartmouth Hitchcock Medical Center
		Team	GME
2016-17	Disruptive Patient work group	Leader	Dartmouth Hitchcock Medical Center
2018-	Opioid Addiction Treatment Collaborative	Member	Dartmouth Hitchcock Medical Center
	Steering Committee		
2018-	Opioid Addiction Treatment Collaborative	Team	Dartmouth Hitchcock Medical Center
0040	Inpatient Committee	Leader	Design de l'Estat de l'Al-Paris
2018-	Substance Use and Mental Health Initiative	Member	Dartmouth Hitchcock Medical Center
2019-	Behavioral Code Team Initiative	Member	Dartmouth Hitchcock Medical Center

# XVII. INSTITUTIONAL CENTER OR PROGRAM AFFILIATIONS

<u>DATES</u> <u>ORGANIZATION</u> <u>ROLE</u>

**XVIII. EDITORIAL BOARDS:** 

DATES SOCIETY/JOURNAL ROLE

# **XIX. JOURNAL REFEREE ACTIVITY:**

<u>DATES</u>	JOURNAL NAME	ANNUAL FREQUENCY OF REVIEW
2005	Ad-Hoc Reviewer, Bipolar Disorders	
2005-2008	Ad-Hoc Reviewer, American Journal of Medical Genetics	2
2005	Ad-Hoc Reviewer, American Journal of Psychiatry	
2005	Ad-Hoc Reviewer, The Cleft Palate-Craniofacial Journal	
2005	Ad-Hoc Reviewer, Genetics In Medicine	
2005	Ad-Hoc Reviewer, Archives of General Psychiatry	
2005	Ad-Hoc Reviewer, American Journal of Medical Genetics,	2
	Part B, Neuropsychiatric Genetics	
2006	Ad-Hoc Reviewer, Clinical Genetics	
2007	Ad-Hoc Reviewer, Journal of Genetic Counseling	2
2008-	Ad-Hoc Reviewer, Psychosomatics	6
2009	Ad-Hoc Reviewer, Primary Care Companion	

#### XX. AWARDS AND HONORS:

DATE	AWARD NAME
1997	American Women's Association Achievement Award
	Albert Einstein College of Medicine
1997	Janet M. Glasgow Memorial Achievement Citation
	Albert Einstein College of Medicine
1997	Alpha Omega Alpha
	Albert Einstein College of Medicine
1999	American Psychiatric Institute Research and Education on Severe Mental Illness Research
	Scholar, American Psychiatric Institute for Research and Education
2001	Partners in Excellence Award
	Massachusetts General Hospital
2002	Partners in Excellence Award
	Massachusetts General Hospital
2007	Partners in Excellence Award for Urgent Care Implementation Team
	Massachusetts General Hospital
2007	Partners in Excellence Award for EDOE Implementation Team
	Massachusetts General Hospital
2010	New Hampshire Top Doctor
	New Hampshire Magazine
2011	New Hampshire Top Doctor *Top Vote-Getter
	New Hampshire Magazine
2011	U.S. News Top Doctors
2012	New Hampshire Top Doctor
	New Hampshire Magazine
2014	Courage To Teach Award, Outstanding Program Director of the Year
	Dartmouth Hitchcock Medical Center

2015	New Hampshire Top Doctor
	New Hampshire Magazine
2019	New Hampshire Psychiatric Society Leadership Award

# XXII. INVITED PRESENTATIONS:

<u>A. International:</u> International meetings should be those that are international in scope (i.e., invitees). Such meetings may be held within the U.S.

<b>DATES</b>	TOPIC	<u>ORGANIZATION</u>	<b>LOCATION</b>
2005 *	World Congress of Psychiatric Genetics Annual	World Congress of	Boston, MA
	Meeting	Psychiatric Genetics	
	Symposium on Psychiatric Genetic Counseling		

# B. National:

<u>DATES</u> 2003 *	TOPIC Putting Science into Practice: Strategies in Genetic Counseling for the 21st Century The Practice of Psychiatry (Plenary Presentation)	ORGANIZATION  National Society of Genetic Counselors	LOCATION Charlotte, NC
2006	7th Annual Genetics Symposium Clinical Applications of Genetics to Psychiatry (Plenary Presentation)	Vanderbilt-Meharry Alliance, Center for Human Genetics	Nashville, TN
2009	Individuals with Serious Mental Illness: Optimizing Understanding, Treatment and Recovery Applications of Genetics to Psychiatry (Plenary Presentation)	Loma Linda University	Loma Linda, CA
2009 #	APA Annual Meeting Symposium on Psychiatric Genetics	American Psychiatric Association	San Francisco, CA
2014 #	APM Annual Meeting Teaching Each Other: A Workshop for Psychosomatic Medicine Fellowship Program Directors on ACGME Requirements, the New Accreditation System, and the Milestones	Academy of Psychosomatic Medicine	Fort Lauderdale, FL
2014 #	APM Annual Meeting Developing Proactive Consultation-Liaison Psychiatric Service: Toward Integrated Care for Hospitalized Medico-Surgical Patients	Academy of Psychosomatic Medicine	Fort Lauderdale, FL
2015 #	APM Annual Meeting Proactive Psychiatric Consultation in General Hospitals: Implementation and Expansion in Three Different Settings	Academy of Psychosomatic Medicine	New Orleans, LA
2015 #	23 <sup>rd</sup> World Congress on Psychosomatic Medicine Lessons Learned from Developing the Behavioral Intervention Team at DHMC	International College of Psychosomatic Medicine	Glasgow, Scotland
2016 #	APM Annual Meeting Proactive Consultation-Liaison Psychiatric Service: How to Propose and Start the Behavioral Intervention Team (BIT) Model	Academy of Psychosomatic Medicine	Austin, TX

2017 #	APM Annual Meeting Game, Set and Match: A Practical Approach to Improving Recruitment to our Subspecialty	Academy of Psychosomatic Medicine	Palm Springs, CA
2019	AAP Annual Meeting	Academy of Academic	Boston, MA
#	"Call Me, Maybe:" Preparing Faculty and Residents for Successful Indirect Supervision in Psychiatry Training	Psychiatry	
2019	ACLP Annual Meeting	Academy of	San Diego, CA
#	Launching a Proactive Consultation-liaison Psychiatry	Consultation Liaison	
	Service: A How-to Skills Session for Participants	Psychiatry (formerly Academy of	
		Psychosomatic	
		Medicine)	
2020	ACLP Annual Meeting	Academy of	Virtual due to
#	Proactive Consultation-Liaison Psychiatry:	Consultation Liaison	COVID
	Implementation and Development	Psychiatry	

<u>C. Regional/Institutional:</u>
Institutional includes, Dartmouth College, Geisel, D-H, and the VAMC.

DATE	TOPIC	<u>ORGANIZATION</u>	<b>LOCATION</b>
2002-2005	Psychopharmacology Update: Emergency	Massachusetts General	Boston, MA
*∧	Psychiatry	Hospital	
2003-2008	Psychiatry Update and Board Review:	Massachusetts General	Boston, MA
*^	Psychiatric Genetics	Hospital	
2004	Using Genetics and Genomics in Psychiatry	Massachusetts General Hospital	Boston, MA
0004	Mala and Parka dal O and an an	Psychiatry Grand Rounds	Dalar at MA
2004	Velocardiofacial Syndrome	McLean Hospital Grand Rounds	Belmont, MA
2005	Psychiatric Genetics and VCFS	Tufts-New England Medical Center Genetics Grand Rounds	Boston, MA
2005	Psychiatric and Behavioral Aspects of	McLean Hospital	Belmont, MA
*	Velocardiofacial Syndrome	Professional Conference	
2005	The 6th annual Genetics and Public Health	Rhode Island Department of	Providence, RI
*	Conference Genetics and Mental Health:	Health	
	Research and Reality (Plenary presentation)		
2009 *	Talking to Patients About Psychiatric Genetics	DHMC Psychiatry Grand Rounds	Lebanon, NH
2010	Clinical Applications of Genetics to	DHMC Genetics	Lebanon, NH
*	Psychiatry	Grand Rounds	·
2010	Clinical Applications of Genetics to Psychiatry	UVM Fletcher-Allen Medical Center Psychiatry Grand Rounds	Burlington, VT
2010	Psychiatric Symptoms in Velocardiofacial	New Hampshire Hospital	Concord, NH
*	Syndrome	Grand Rounds	00110010, 1111
2010, 11	Psychiatry CME Course-Management of	Dartmouth Hitchcock Medical	Lebanon, NH
*^	Depression in Primary Care. What To Do	Center	,
	When Initial Treatments Fail		
2012	Managing Mood Disorders in the Primary Care Setting	LRH Healthcare	Franklin, NH

2012	Ethics of Capacity Assessments	NH-VT Hospital Ethics Committee Network	Lebanon, NH
2013 *^	Managing Medical Emergencies, Emergency Department CME: Assessment and Management of Agitation	Dartmouth Hitchcock Medical Center	Lebanon, NH
2013	Management of Agitation	Alice Peck Day Hospital	Lebanon, NH
2013	Management of Agitation	Managing Medical Emergencies Conference	Lebanon, NH
2013	Mental Illness and Suicide	VT Search and Rescue Annual Meeting	Hanover, NH
2013	Access to Mental Health Care (Panel Discussant)	New Hampshire Hospital Association	Bretton Woods, NH
2014 *^	Managing Medical Emergencies, Emergency Department CME: Assessment and Management of Anxiety	Dartmouth Hitchcock Medical Center	Lebanon, NH
2014	Managing Mood Disorders in the Primary Care Setting	LRH Healthcare	Laconia, NH
2015	Testing a model of proactive psychiatric consultation: The Behavioral Intervention Team	Baystate Medical Center Psychiatry Grand Rounds	Springfield, MA
2018 *^	Managing Medical Emergencies, Emergency Department CME: Assessment and Management of Suicidality	Dartmouth Hitchcock Medical Center	Lebanon, NH
2018 *^	NH Psychiatric Society Annual Meeting Committed: A Review of New Hampshire's Involuntary Treatment and Commitment Process	NH Psychiatric Society	New London, NH
2019 *^	Management of Agitation	DHMC Telepsychiatry Conference	Lebanon, NH
2020	Perioperative management of pain and addiction in patients with opioid use disorder	DHMC Surgery Grand Rounds	Lebanon, NH

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- 7. Rustad JK, <u>Landsman</u> HS, Ivkovic A, Finn CT and Stern TA. Catatonia: An approach to diagnosis and treatment. Primary Care Companion. 2018: 20(1) 29325233
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#### XXIII. Personal Statement:

Throughout my career I have excelled at wearing multiple hats and fully embracing the many roles that come with practice as a psychiatrist in an academic setting. I am seen as a go to person at Dartmouth, and as such I have had a significant impact in all areas of my department, and also more broadly in psychiatry's role at the medical center.

<u>Clinical:</u> As a clinician at DHMC, my main responsibilities have been in the areas of consultation liaison psychiatry (inpatient and outpatient) as well as emergency psychiatry. I also hold major departmental leadership positions overseeing our Consultation and Crises service, and was the main clinician who oversaw the 2009 start-up of the embedded care programs within primary care at DH. **Under my clinical work and leadership, the inpatient consultation liaison and emergency services increased volume of total patient encounters by 76% in my first year, and both continue to be busy services well respected by staff at the medical center. More recently, the consultation service has expanded with my implementing an innovative proactive psychiatric consultation to medical and surgical inpatients known as the Behavioral Intervention Team (BIT). We continue to actively grow this service, which was <b>recognized as a clinical** "best practice" during CMS and JCHO regulatory visits in 2017. We are currently in the process of developing a screening process for alcohol and other drug use disorders in order to more effectively manage withdrawal states, associated disruptive behaviors, and greater stabilization using buprenorphine, making the BIT an essential component in combating the opioid epidemic in our region, a major Dartmouth Hitchcock initiative.

I now serve as the Medical Director of the new telepsychiatry consultative service that provides psychiatric consultation to the region. Demand for mental health expertise is high and routinely cited by medical facilities as their greatest need. In the past 18 months we have successfully rolled out our service to 8 hospitals, and are continuing to expand our regional presence in northern New England.

Early in my career I became increasingly interested in the field of medical genetics. Recognizing the rapidly mounting influence of genetics on all areas of medicine, I pursued formal training in genetics following my residency, completing the Harvard-Partners Genetics training program, and achieving board certification in both specialties, a rare combination of expertise. At the time I was the only psychiatrist in the country to hold this dual certification. I continue to act as a genetics consultant within DH and in the larger region for questions regarding psychiatric and behavioral management of individuals with genetic and metabolic syndromes as well as patients with questions about the risk of developing mental illness in themselves or family members based on a history of illness.

Research: Starting during my fellowship years, my research focused on understanding the underlying genetic basis of velocardiofacial syndrome (VCFS), a genetic syndrome with a high rate of psychiatric illness in affected individuals. To this end, under the direction of Raju Kucherlapati, PhD, I developed a clinical research program based at Harvard that evaluated the phenotypic aspects of this disorder, with emphasis on craniofacial dysmorphology and psychiatric symptoms. I coordinated a diverse group of collaborators in our efforts regarding 3D digital photogrammetric analysis of VCFS faces, funding by an NIH RO1 grant, on which I was an investigator. Additionally, a pilot study with Martha Shenton, PhD looked at the relationship between VCFS craniofacial dysmorphology as manifested by underlying brain structures revealed by MRI/DTI imaging and neuropsychiatric findings. This study continues at present with my involvement ongoing, although more limited. Additionally, in the largest study of its kind. with a group of Harvard colleagues, we surveyed psychiatrists regarding their knowledge of, and opinions about, psychiatric genetics. This study revealed deficits in genetic knowledge among psychiatrists, raising questions regarding their preparedness to incorporate genetic information into the care of psychiatric patients. The study results continue to inform psychiatric residency training here at Dartmouth and nationally.

Since coming to DHMC, my research interests have shifted to those more relevant to my current clinical practice and administrative roles. I am currently overseeing a quality improvement project around the implementation of a proactive consultation service at DHMC. We have had the opportunity to present this work nationally and expect additional presentations and publications to follow. These early results show promise, with reduced length of stay for patients seen under this service compared to the consultation service average LOS, as well as high staff satisfaction among patients and staff. Through this study, I have also developed a screening tool that harnesses the power of the electronic medical record to predict which patients may benefit from psychiatric consultation, something that has not previously been reported and that we published on in the main consult liaison journal this year. Further, highlighting its impact, our paper was selected by the Academy of Consult Liaison Psychiatry as a featured article on the society website.

<u>Teaching:</u> As an educator, I have had the opportunity to closely supervise psychiatry residents, medical students, genetics fellows and psychology interns as part of my clinical responsibilities over the years. In addition, I have lectured on topics relating both to psychiatry and genetics in various professional capacities: to CME audiences, psychiatry residents, medical students, genetics fellows, and genetic counseling graduate students among others. Using my expertise in genetics as well as experience as an educator, I authored the first a set of recommendations regarding genetics education for psychiatric residents.

As residency program director, I have seen the program through major changes in regulations involving duty hours, evaluation of clinical skills, and implementation of a new outcomes focused evaluation methodology known as the Milestones. Additionally, I run the teaching service for

PGY-2 residents on the consultation liaison service, a core rotation in the residency, which involves direct clinical supervision, teaching regarding on call duties, organization of daily rounds and didactic lectures on consultation and emergency psychiatry topics. In recognition for my efforts with the residency program, I was proud to be recognized as the institutional **Program Director of the Year** in 2014.

I serve as the first Vice Chair for Education for the Department of Psychiatry. This has allowed me to become involved with the broader training activities occurring in the department including medical students and psychologists. I am in the process of setting up training opportunities for advanced practice nurses achieving certification in psychiatry, a provider group that is much needed in our region. My expertise in education has been recognized by my peers when I was selected to serve on the Executive Council of the American Association of Directors of Psychiatric Residency Training. Through this role I have had had influence on a national level on standards of psychiatric training and education and been actively involved in efforts to improve recruitment into psychiatry in consultation to ACGME and American Psychiatric Association. As my career evolves, I have enjoyed the greater focus on education that the program director and Vice Chair for Education positions have afforded me.

My leadership in psychiatry was highlighted by recently being named the first Medical Director for Psychiatry, a new role that will allow me to work directly with our institutional Dartmouth Hitchcock leadership. Long term, institutionally and nationally, I see myself continuing to be involved in innovative program development and national educational initiatives as a clinician and scholar. I believe that I have a unique skill set and I am well position to make significant and relevant contributions to drive forward our field.